**President’s Advisory Committee on Mental Health and Well-Being**

**1/10/2025, 9am – Noon, Via ZOOM**

1. **Welcome and Quick Introductions**

* Name, role, university, and icebreaker

1. **Future direction brainstorming**
   1. Facilitators used discussion prompts and whiteboards to collect ideas from their breakout groups. Groups were broken up by the following topics:
      1. Mental health skills training opportunities for students (e.g., DBT, Mindfulness, Positive Psych., etc.)
      2. Mental Health and diverse student populations
      3. Basic Needs and mental health
      4. Faculty/staff mental health and skills for helping students
      5. Student-led efforts to support mental health and well-being (student orgs.; peer support, etc.)
2. **Large group share out**
   1. Each group facilitator walked the committee through the group’s whiteboard notes/brainstorming. These are summarized in a separate document.
3. **Universities of Wisconsin Updates**
4. [Counseling Impact Annual Report](https://www.wisconsin.edu/student-behavioral-health/download/UWCIAP_Annual-Report_23-24_FINAL.pdf)
   * Riley provided an overview and key takeaways of the 2023-24 report.
5. Culturally Responsive Approaches to Mental Health Conference (John)
   * Materials available at <https://www.wisconsin.edu/student-behavioral-health/sbh-initiative/culturally-responsive-training/>
   * 250 in-person attendees; 100 virtual attendees for the keynote speaker
   * Feedback was overwhelmingly positive; people want to continue the series, gave some good suggestions, and volunteered for helping with planning.
6. Recognize, Respond, Refer suicide prevention training
   * Anna Kopitzke was hired for one year as a shared projects coordinator, funded by ARPA funds and reporting to the Prevention unit of University Health Services at UW-Madison.
   * Anna and Val Donovan provided an update on their work to adapt the *Recognize, Respond, Refer* suicide prevention training from UW-Madison for use by all UW universities. The faculty/staff version of the training is currently being implemented on campuses, and there will soon be undergraduate and graduate versions ready for campus use as well.
7. State budget status (John)
   * As shared at the meeting in October, we have operated on an annual allocation of approximately $150K to support ongoing initiatives within our three-tiered public health model. This will be requested again for FY’26.
   * The biennial budget request for $11M to support both on-campus and telehealth mental health services is at the Governor’s office, and is anticipated to move to legislative consideration after the Governor’s budget address in February.
   * There have been conversations with senior leadership about a back-up option of funding a continuation of telehealth services through a portion of future tuition increases.
   * The next few months will determine a lot and we may (hopefully) know more by our May meeting.
8. **Next Steps and Action Items**
   1. Recap of priorities discussed and actions to be taken before the next meeting
   2. Spring in-person meeting date/structure
      1. Thursday, May 22 in Madison – details TBD
      2. Invite President Rothman and Executive Sponsors